# Responding in Faith

Session #4







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#### wholeness

integration

union





# "God looked at His creation and it was very good."

Genesis 1:31





#### Wholeness:

# "When the way of our being matches the truth of our being."

- Felicia Murrell, from her book "AND"





"Wholeness is never lost, it is only forgotten. Integrity rarely means that we need to add something to ourselves: It is more an undoing than a doing, a freeing ourselves from beliefs we have about who we are and ways we have been persuaded to 'fix' ourselves to know who we genuinely are."

- Rachel Naomi Remen, MD

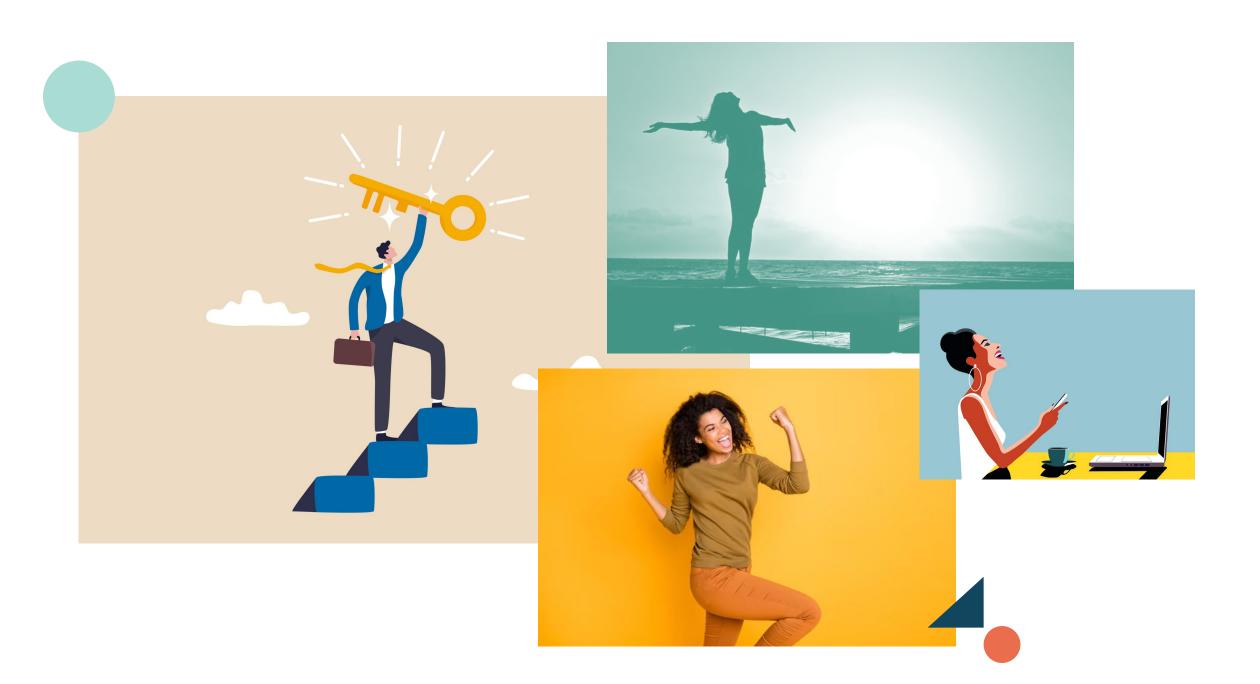




## Thriving





















# Thriving is about faithfully responding to what is happening around us (and within us) from a place of wholeness.

- Gaby Viesca





## What does thriving look like for you in your current season?





## What would thriving look like for you in your current season?



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What's your season?

What challenges are you facing?

What 'stories' have you lived by?

What truths are you embracing?

What is God inviting you to?

What is your *faithful response*?

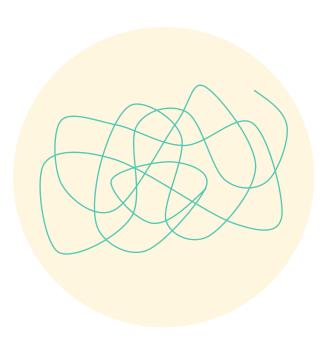




### You have options!













## Thank you

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