Church Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**CARE FOR & SUPPORT**

 **C**.H.U.R.C.H Goal Strategy

* What are you known for in your community?
* What do you want your church to be known for?

**1.What is your goal and what makes it important to you?**

**3.What steps will you take?**

**2.What are the barriers and obstacles you may face?**

**6. How will you know if you have achieved your goal?**

**5. When do you plan to achieve this goal?**

**4. What skills, resources, and people will you need to accomplish this goal?**

What is the first step you are going to take? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

[www.hope4mentalhealth.com](http://www.hope4mentalhealth.com)

Church Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**CARE FOR & SUPPORT**

**C**.H.U.R.C.H Goal Strategy

Six Questions to Build a Mental Health Ministry:

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Church Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**HELP WITH BASIC NEEDS**

 C.**H**.U.R.C.H Goal Strategy

* What are the greatest needs people living with mental illness have in your church?
* What is one step you can take to help meet those needs?

**1.What is your goal and what makes it important to you?**

**3.What steps will you take?**

**2.What are the barriers and obstacles you may face?**

**6. How will you know if you have achieved your goal?**

**5. When do you plan to achieve this goal?**

**4. What skills, resources, and people will you need to accomplish this goal?**

What is the first step you are going to take? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Church Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**UTILIZE VOLUNTEERS**

C.H.**U**.R.C.H Goal Strategy

* How does your church view volunteer leaders?
* What is one step you can take to empower volunteers to help you meet the greatest mental health needs in your church?

**1.What is your goal and what makes it important to you?**

**3.What steps will you take?**

**2.What are the barriers and obstacles you may face?**

**6. How will you know if you have achieved your goal?**

**5. When do you plan to achieve this goal?**

**4. What skills, resources, and people will you need to accomplish this goal?**

What is the first step you are going to take? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Church Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**REMOVE THE STIGMA**

C.H.U.**R**.C.H Goal Strategy

* How would you describe the stigma related to mental illness in your church?
* Do you anticipate resistance in building your mental health ministry? If so, from where? How do you plan to address that resistance?
* What is the atmosphere of friendship in your church? (For example, are people typically friends with people most similar to them? Or, are people friends with a variety of ages, personalities, etc.)
* How would you rate the friendliness of your church on a scale of 1-10? (10 = most friendly)

**3.What steps will you take?**

**1.What is your goal and what makes it important to you?**

**2.What are the barriers and obstacles you may face?**

What is the first step you are going to take? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**6. How will you know if you have achieved your goal?**

**5. When do you plan to achieve this goal?**

**4. What skills, resources, and people will you need to accomplish this goal?**

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Church Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**COLLABORATE WITH THE COMMUNITY**

C.H.U.R.**C**.H Goal Strategy

* What organization in your community would you be interested in collaborating with?
* How can the organization help you serve your church and community?
* How do you plan to form a relationship with the organization?

**1.What is your goal and what makes it important to you?**

**3.What steps will you take?**

**2.What are the barriers and obstacles you may face?**

**6. How will you know if you have achieved your goal?**

**5. When do you plan to achieve this goal?**

**4. What skills, resources, and people will you need to accomplish this goal?**

What is the first step you are going to take? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Church Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**OFFER HOPE**

C.H.U.R.C.**H** Goal Strategy

* What do you think when you hear it is the Church’s responsibility to offer hope to people? How is your church offering hope specifically in the area of mental health?
* What are some ways your mental health ministry can facilitate and foster resilience in people?

**1.What is your goal and what makes it important to you?**

**3.What steps will you take?**

**2.What are the barriers and obstacles you may face?**

**6. How will you know if you have achieved your goal?**

**5. When do you plan to achieve this goal?**

**4. What skills, resources, and people will you need to accomplish this goal?**

What is the first step you are going to take? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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