

Women in Leadership

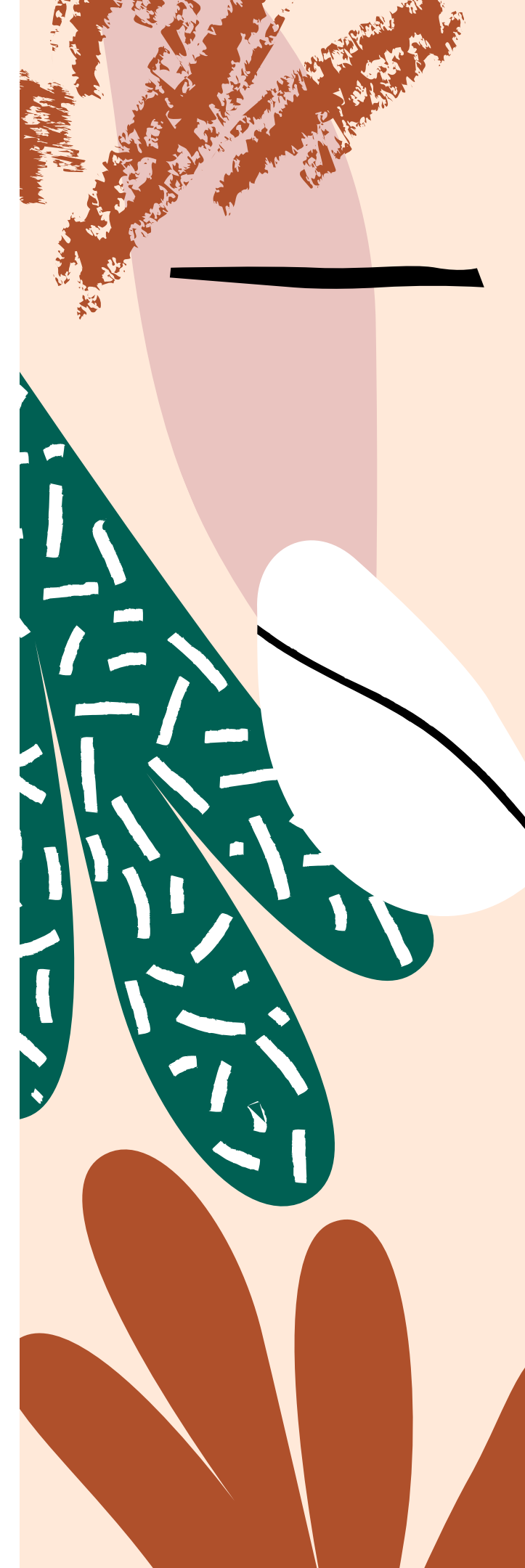
Leadership Coaching with Heart, Mind, and Strength



Women in Leadership
A MURDOCK TRUST PROGRAM



TRACEY GEE



Hi, I'm Tracey

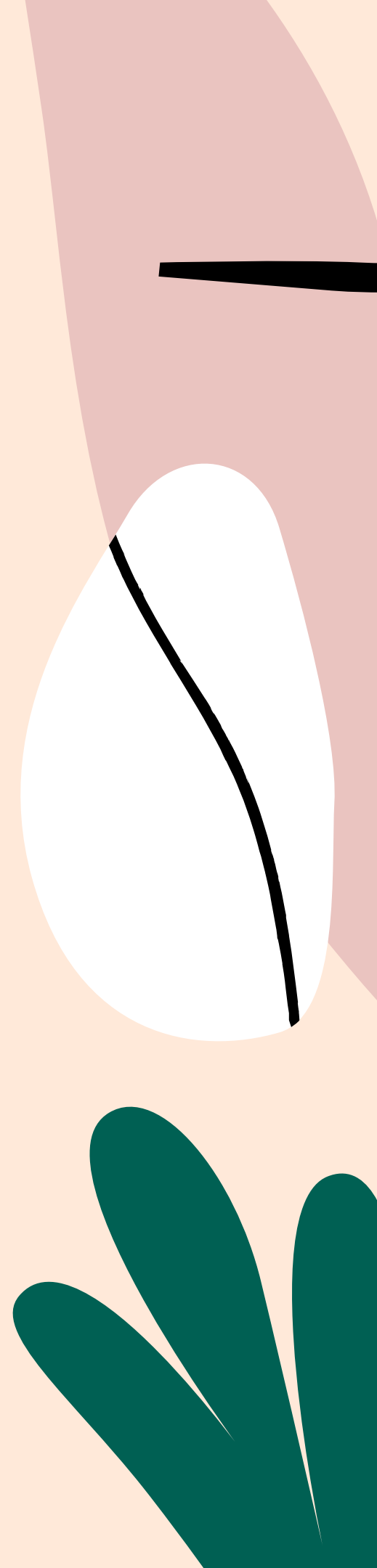
Leadership Coach &
Consultant

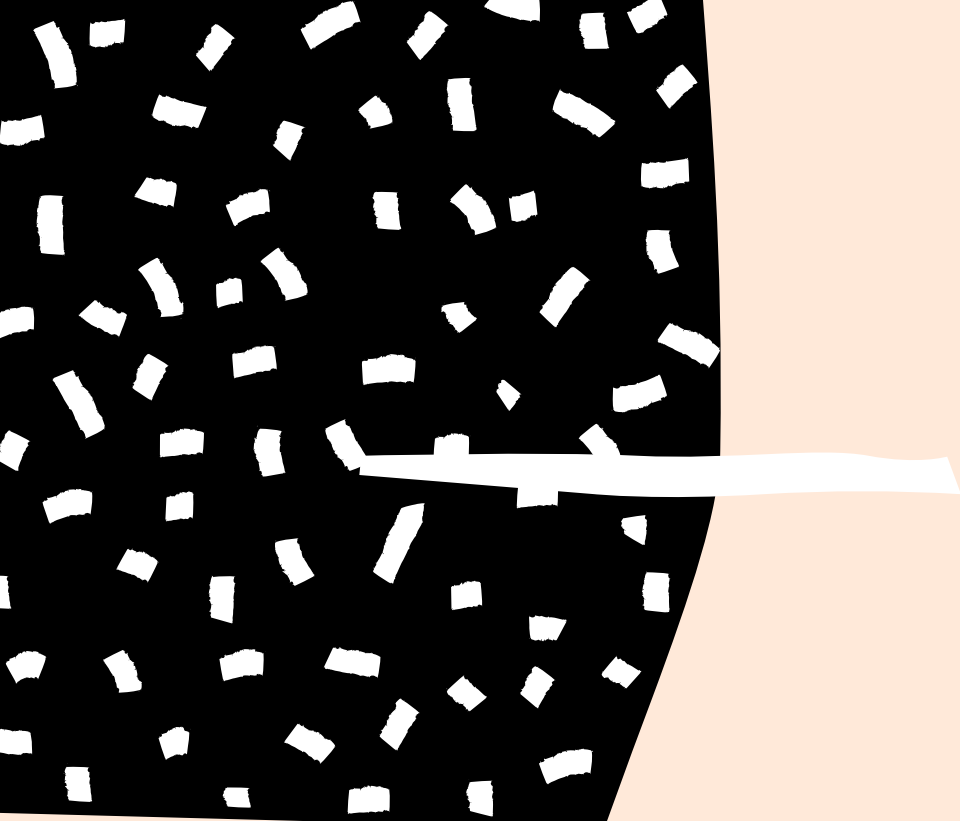
I'm passionate about holistic
development for leaders that helps
them thrive personally, spiritually,
and strategically.



Jesus replied: “Love the Lord your God with all your heart and with all your soul and with all your mind.’ This is the first and greatest commandment. And the second is like it: ‘Love your neighbor as yourself.’ All the Law and the Prophets hang on these two commandments.”

- Matthew 22: 37-40





PASION PLANNER EXERCISE

Step 1: Expect God to speak through your desires.

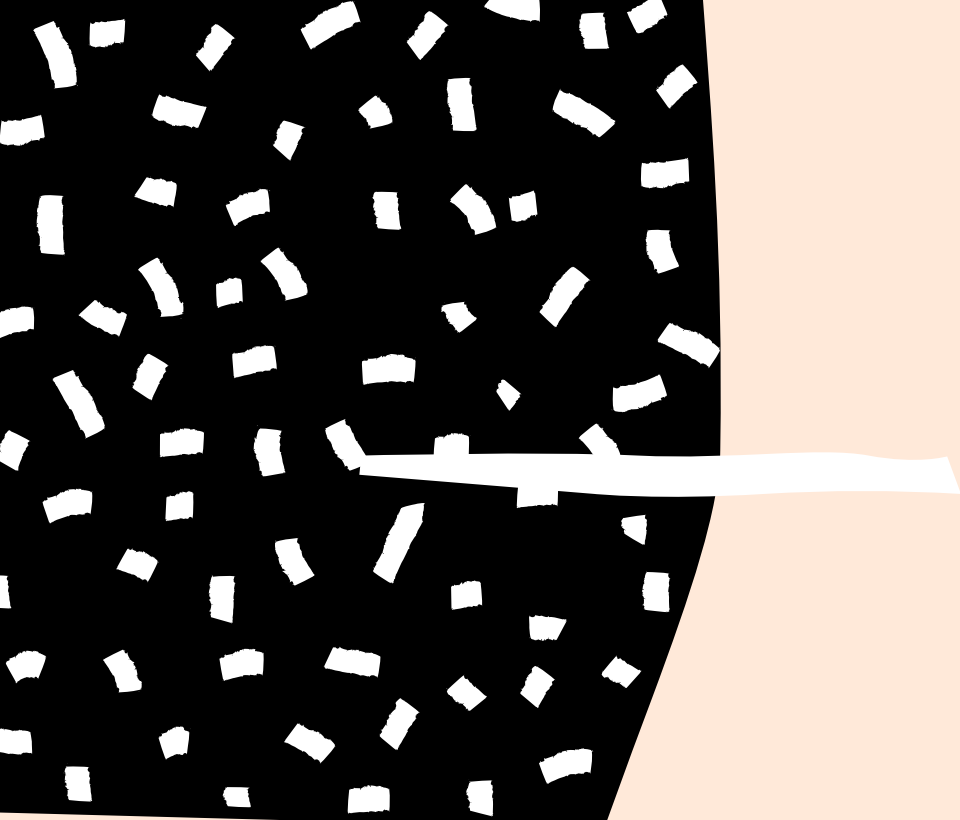
Trust that these are good and giving you direction for you and your leadership.

Step 2: Focus on an expansive question.

“If I could be anything, do anything, or have anything, what would it be?”

Step 3: Don't feel pressure to get it perfect.

This isn't about getting it right. This is about learning how to stretch a muscle and help it to get stronger.

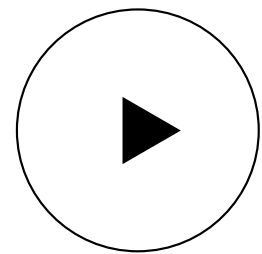


QUESTIONS

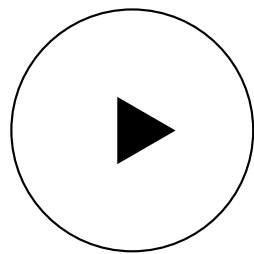
Was that easy or hard to do?

Was there something that surprised you?

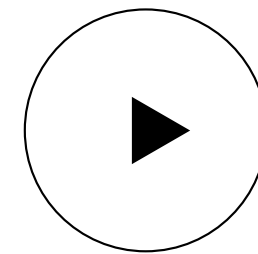
Types of Challenges



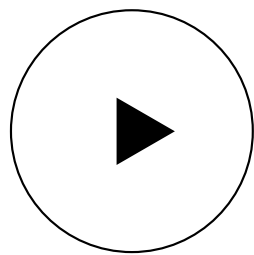
Strategic



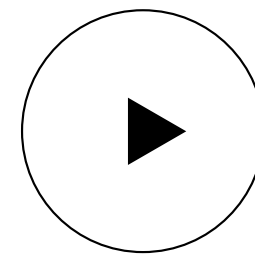
Spiritual



Emotional



Relational



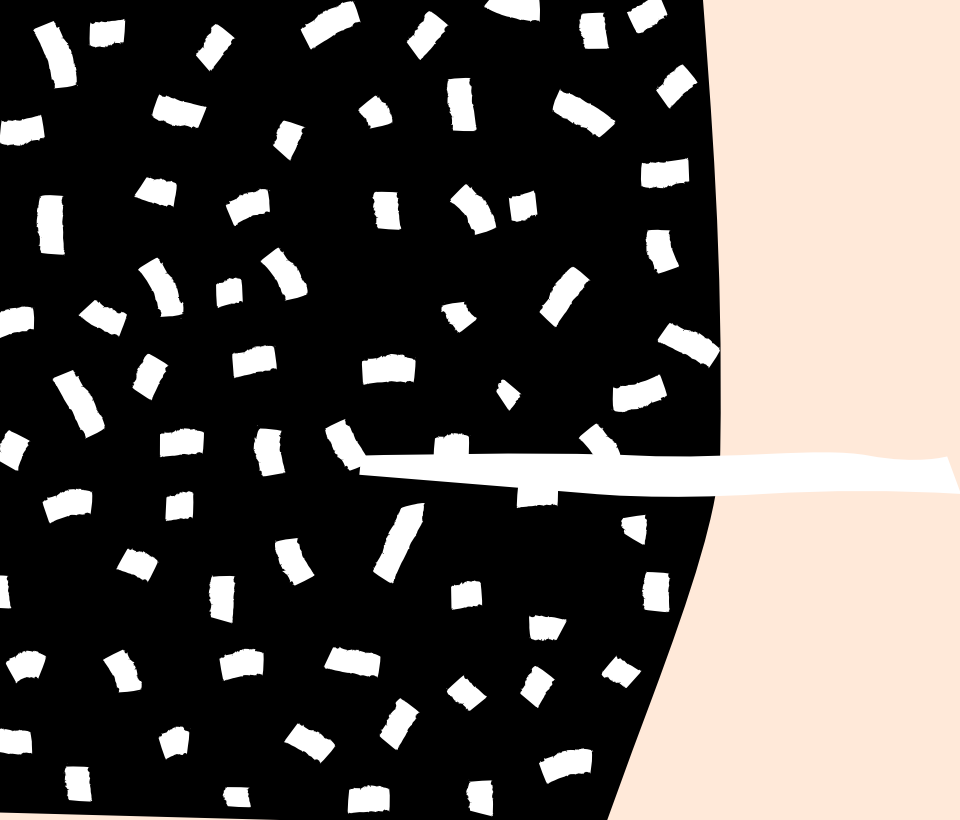
Physical



QUESTIONS

Introduce yourself – your name, your leadership role, and some things you're carrying coming into this retreat.

What's one desire and one leadership challenge that arose for you as we talked about those topics?



LIVE COACHING?

hi@traceygee.me

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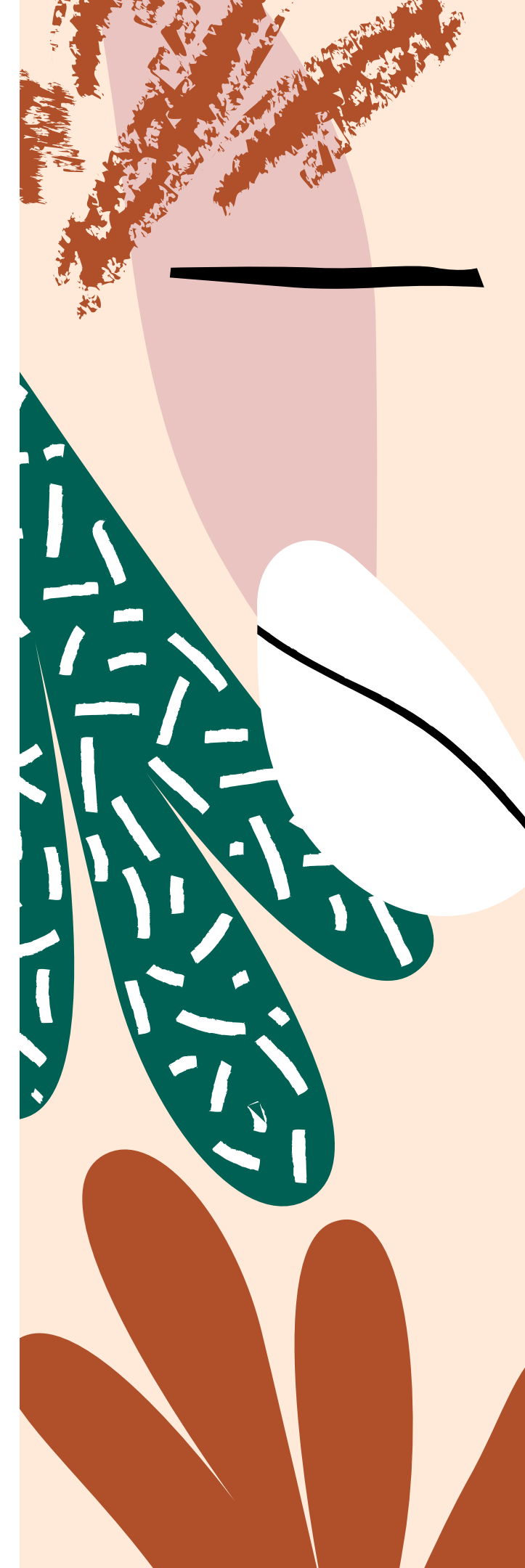
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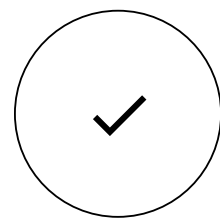




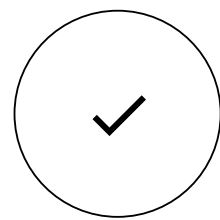
GROW Model

Coaching Framework

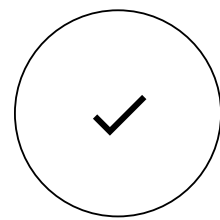
GROW Model



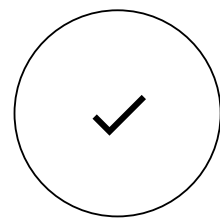
One of many models



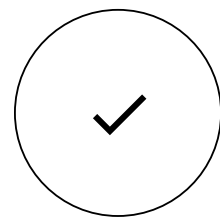
Intentionality



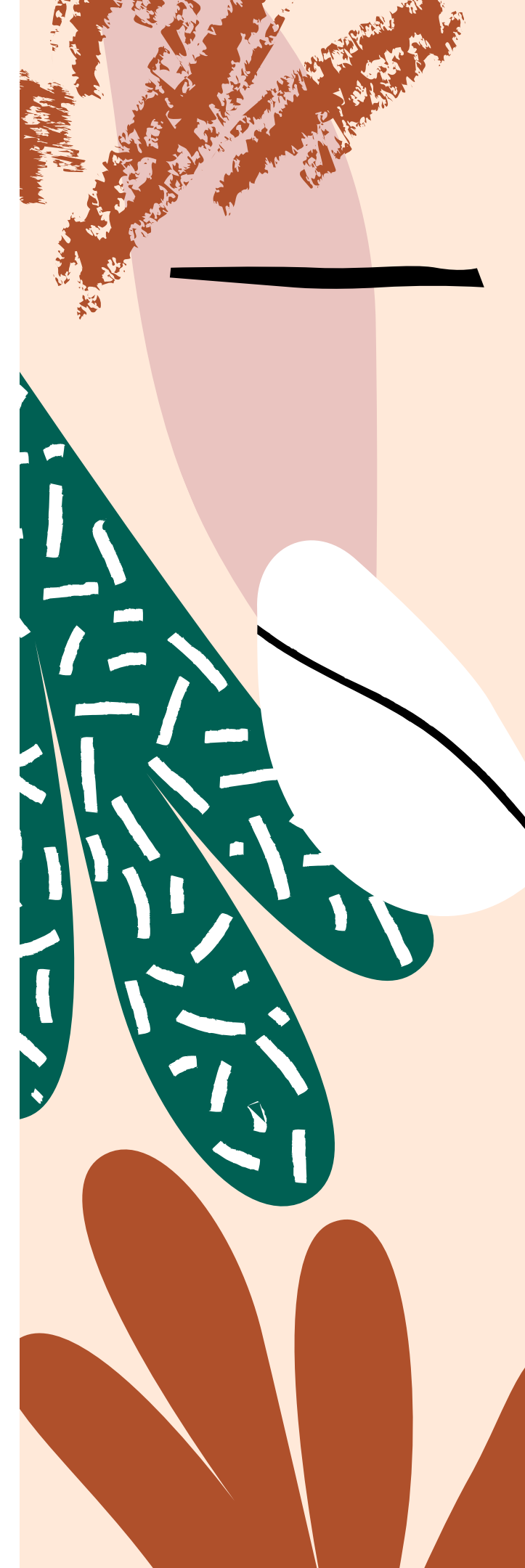
Not a formula



Increases your ability
to receive coaching



Starting point





GROW MODEL

G — GOALS

R — REALITY

O — OPTIONS

W — WILL



GOAL



01

Importance

Clarifying the goal and outcomes to become concrete and actionable.

02

Overemphasis Leads To

Goals without plans to back it up or learning after the goal passes

03

Common Mistakes

Too much or too little flexibility around goals. Not enough consideration of desires.



REALITY

01

Importance

Placing the goal in context and with consideration of the realities

02

Overemphasis Leads To

Inability to move forward and get stuck in analysis or overemphasis

03

Common Mistakes

Overly positive or overly negative. Indiscriminate about data points



OPTIONS



01

Importance

Thinking of possibilities with creativity and imagination.
Brainstorming and planning

02

Overemphasis Leads To

Jumping to options before considering context or even the main outcomes

03

Common Mistakes

Too quickly narrowing down to one option. Letting reality dominate options



WILL



01

Importance

Measuring how much motivation and determination you have for this challenge

02

Overemphasis Leads To

I actually think this is one part of the model that tends to get underemphasized

03

Common Mistakes

Assumption that all plans should be equal or objective without some of these realities

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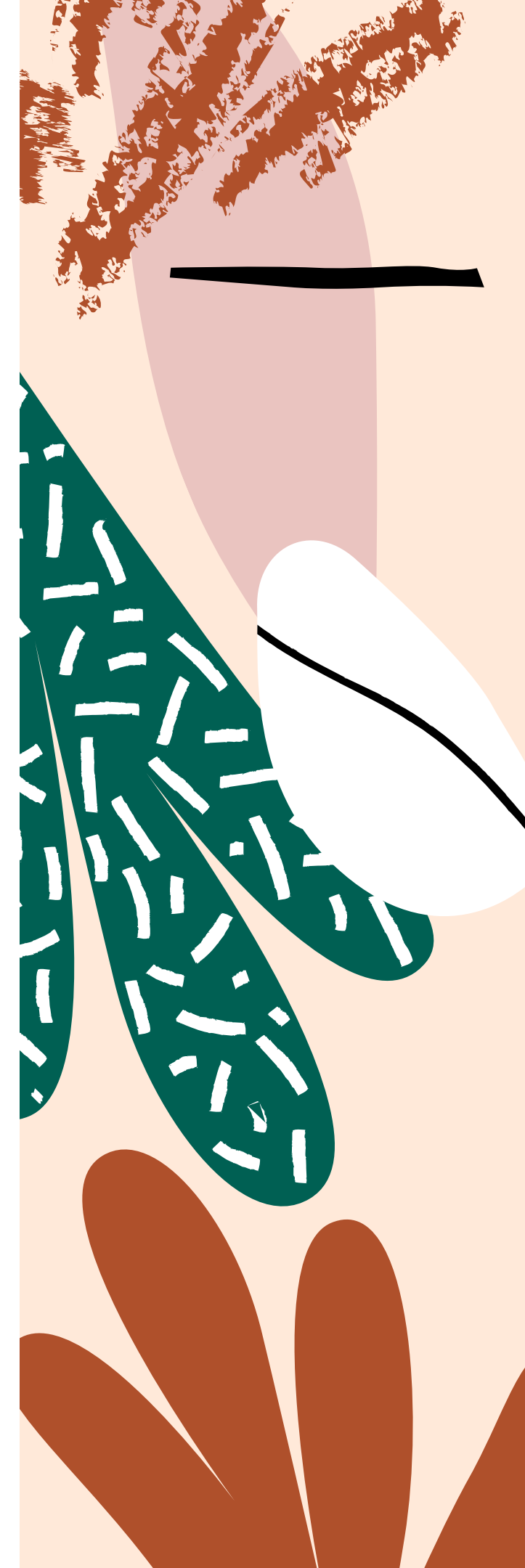
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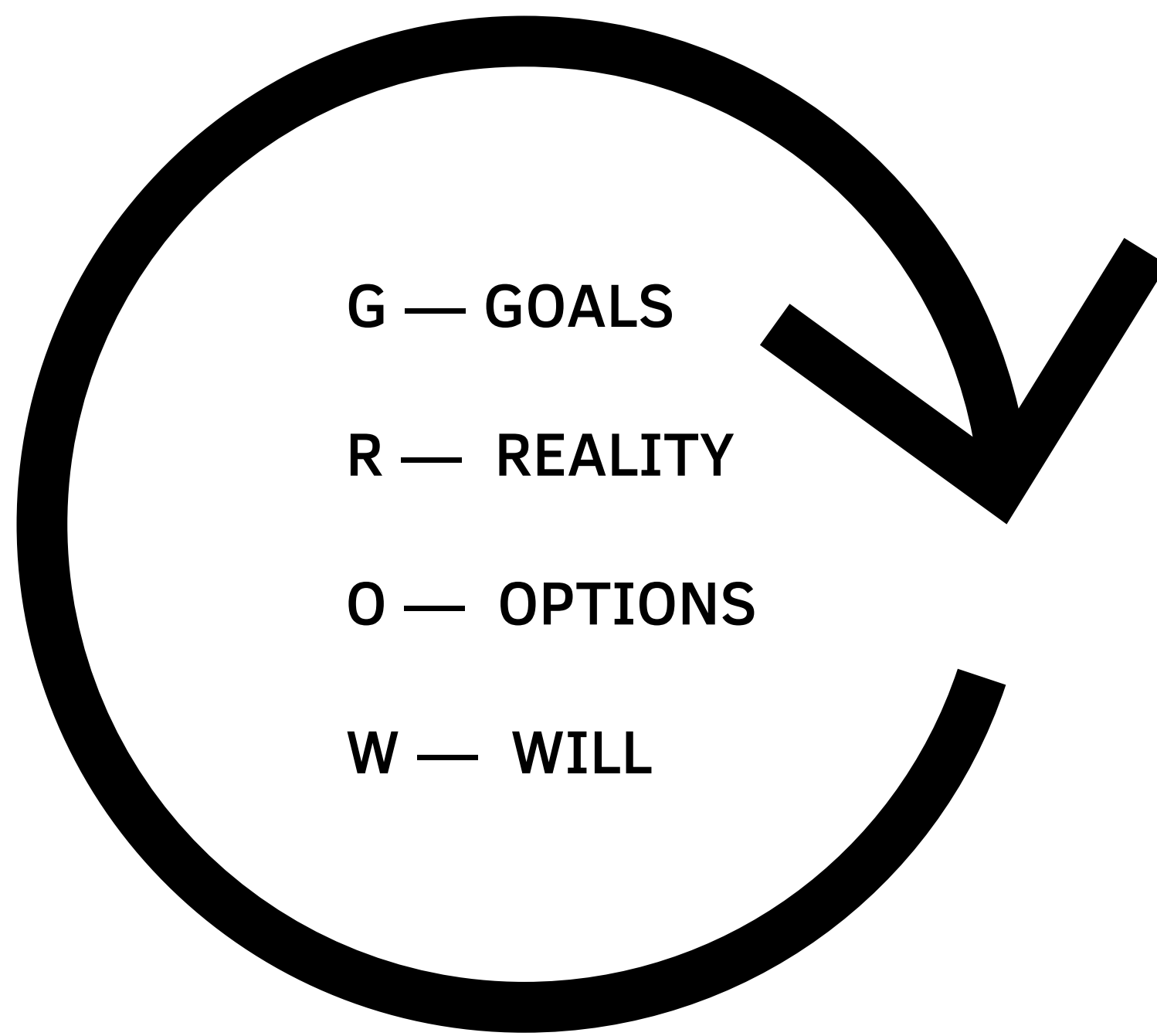
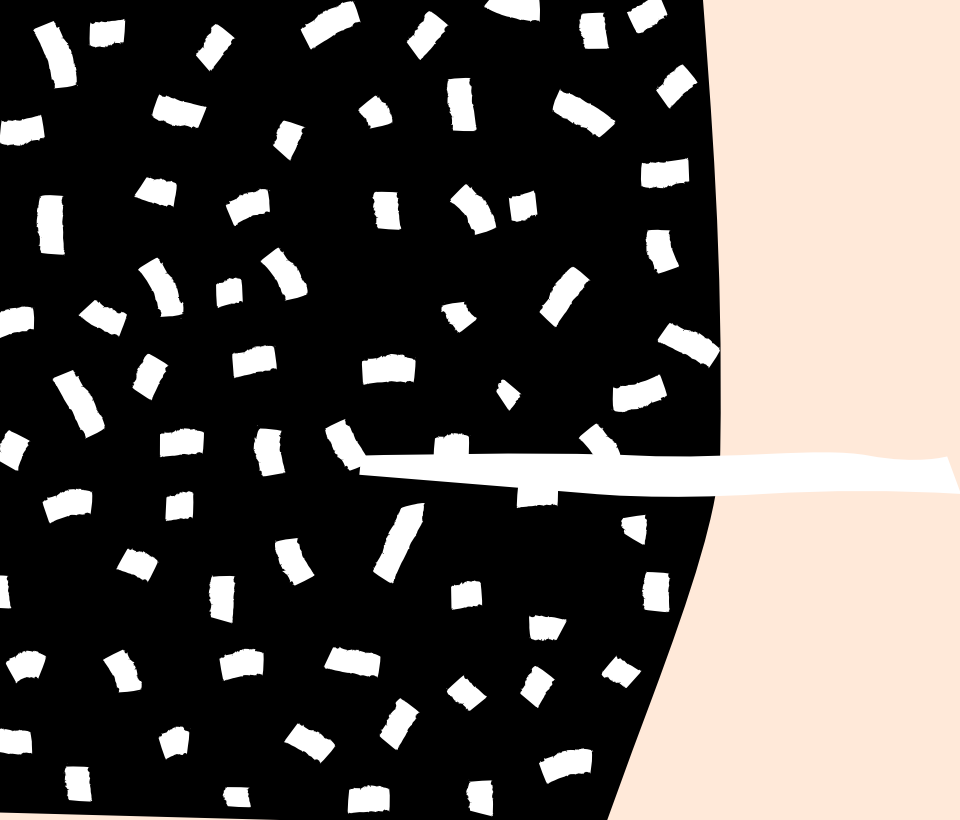


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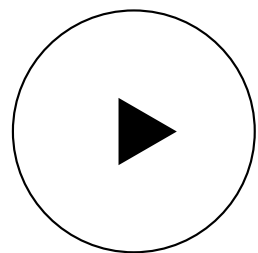


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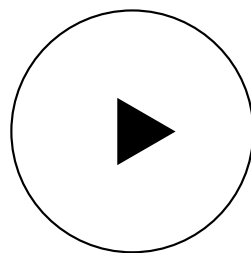




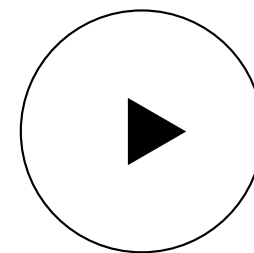
Learning Mistakes



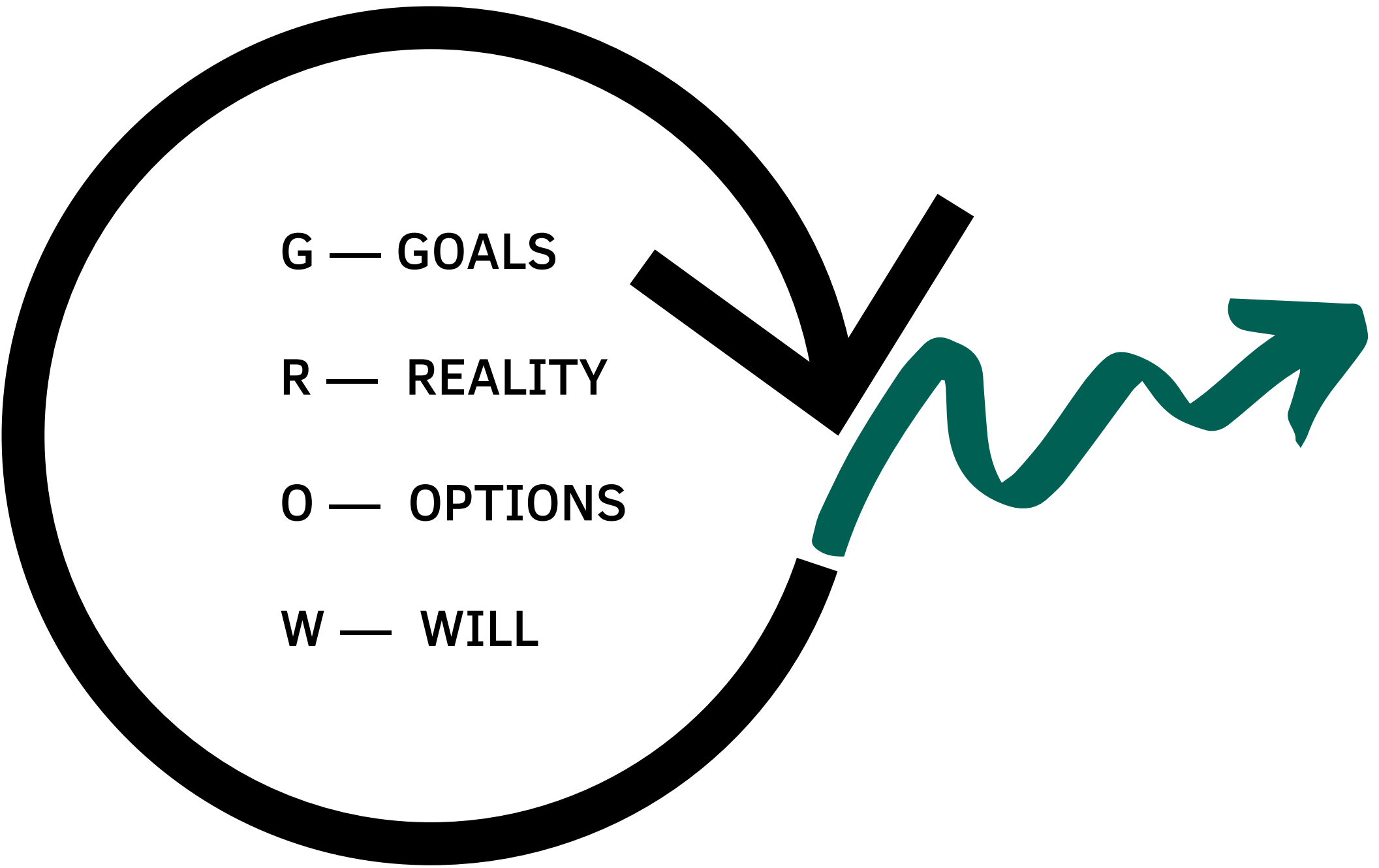
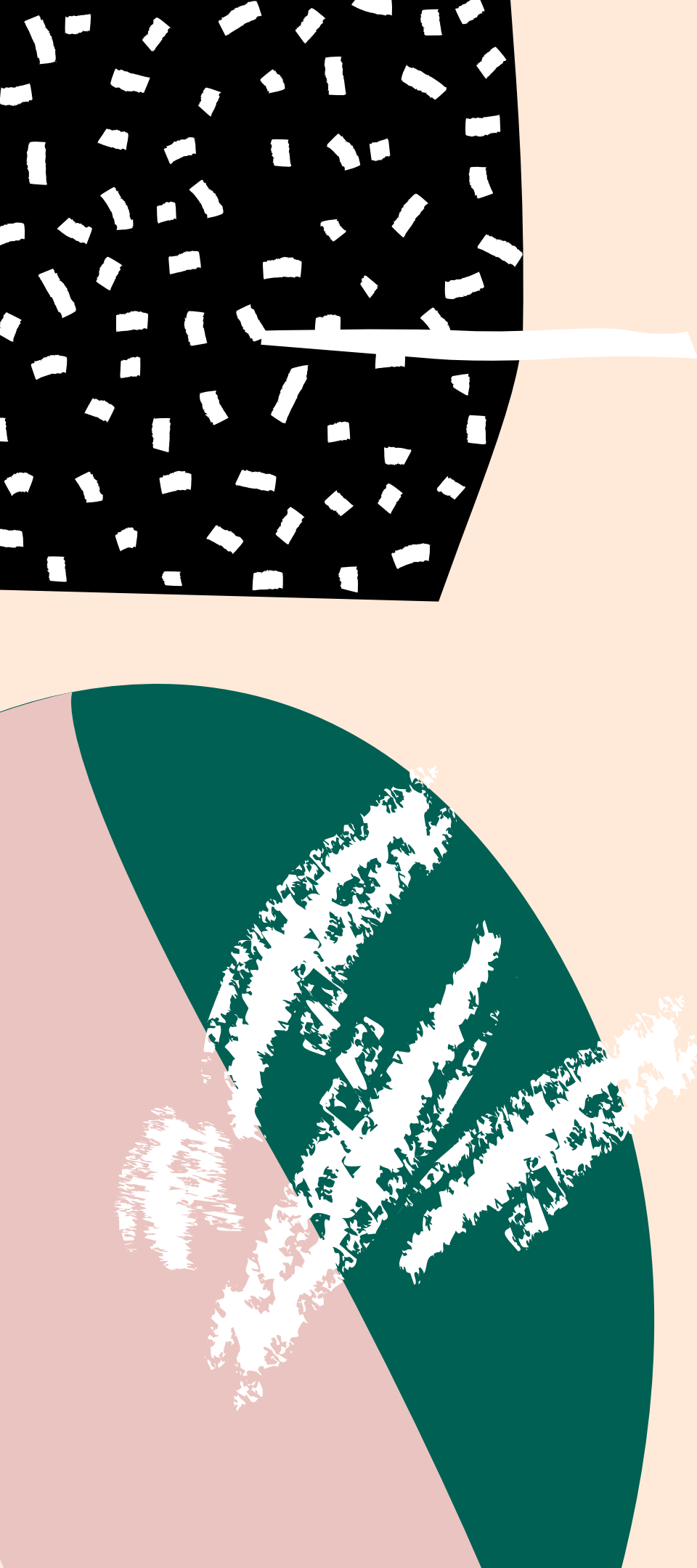
Skipping it

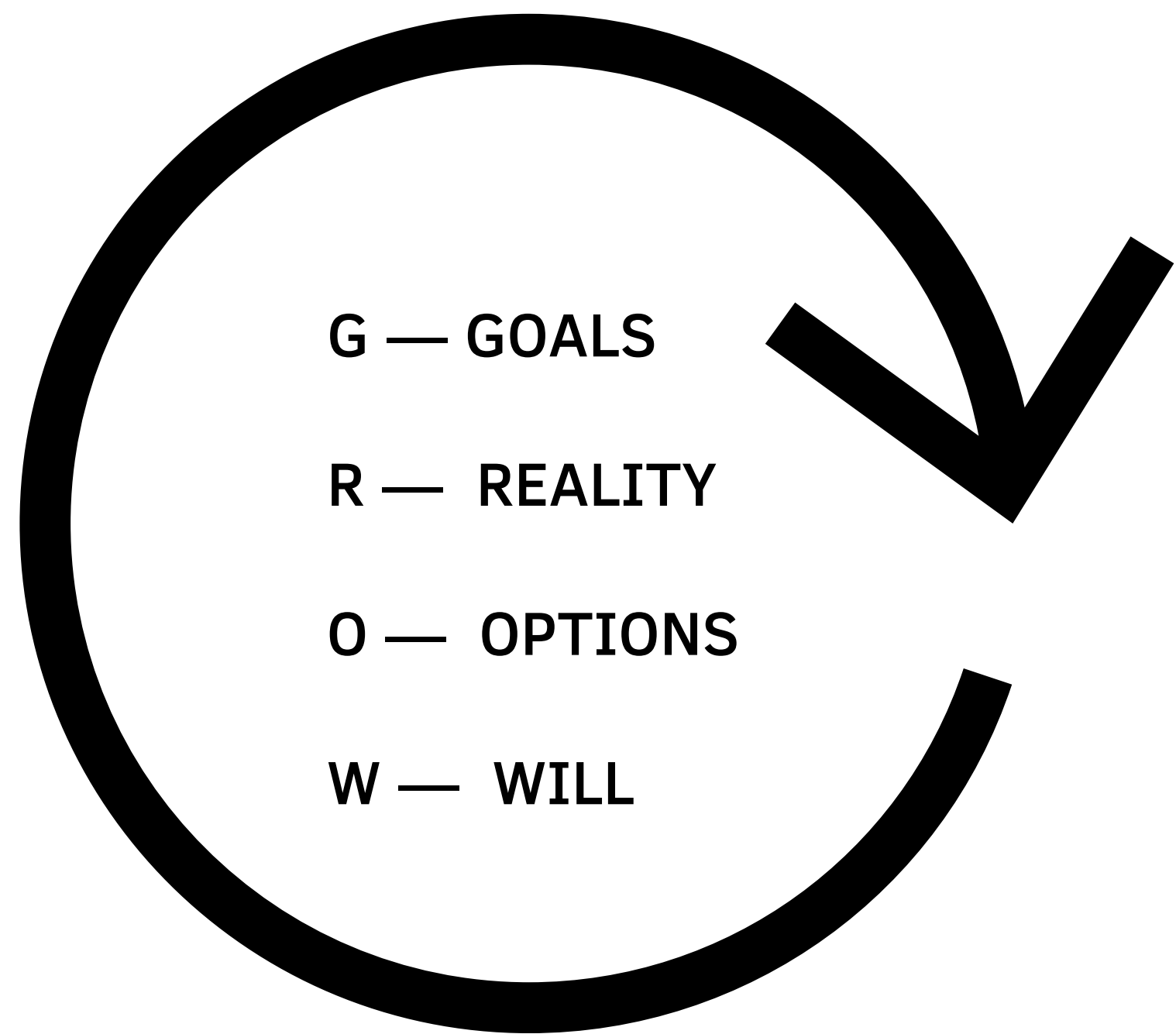
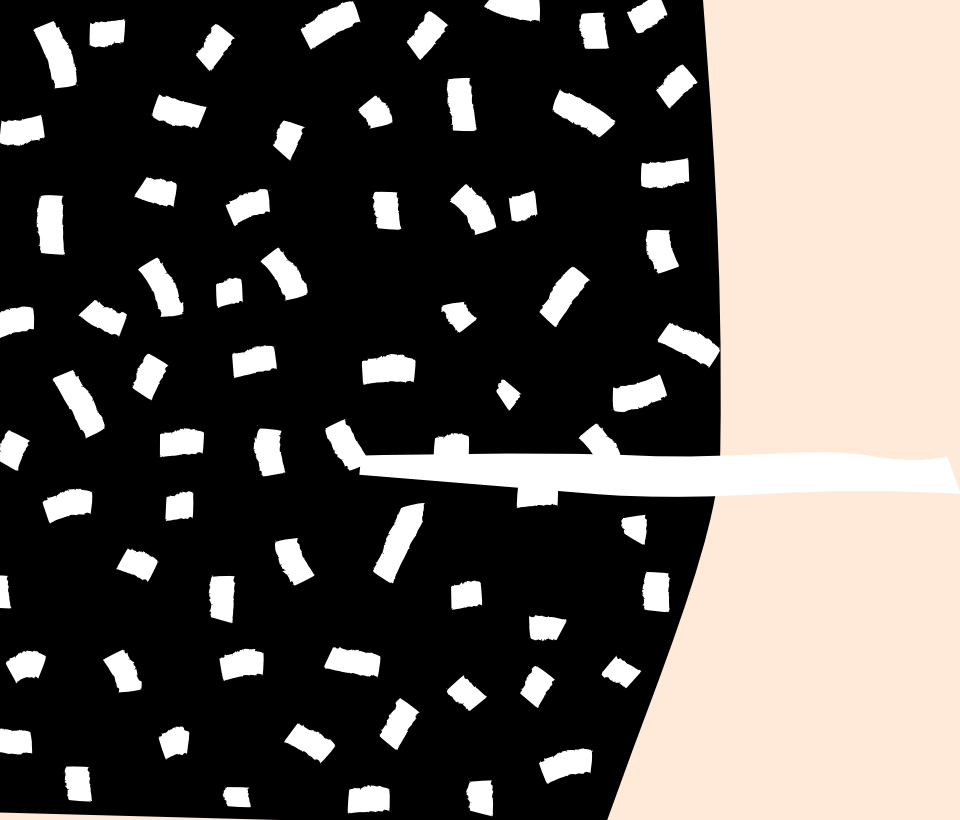


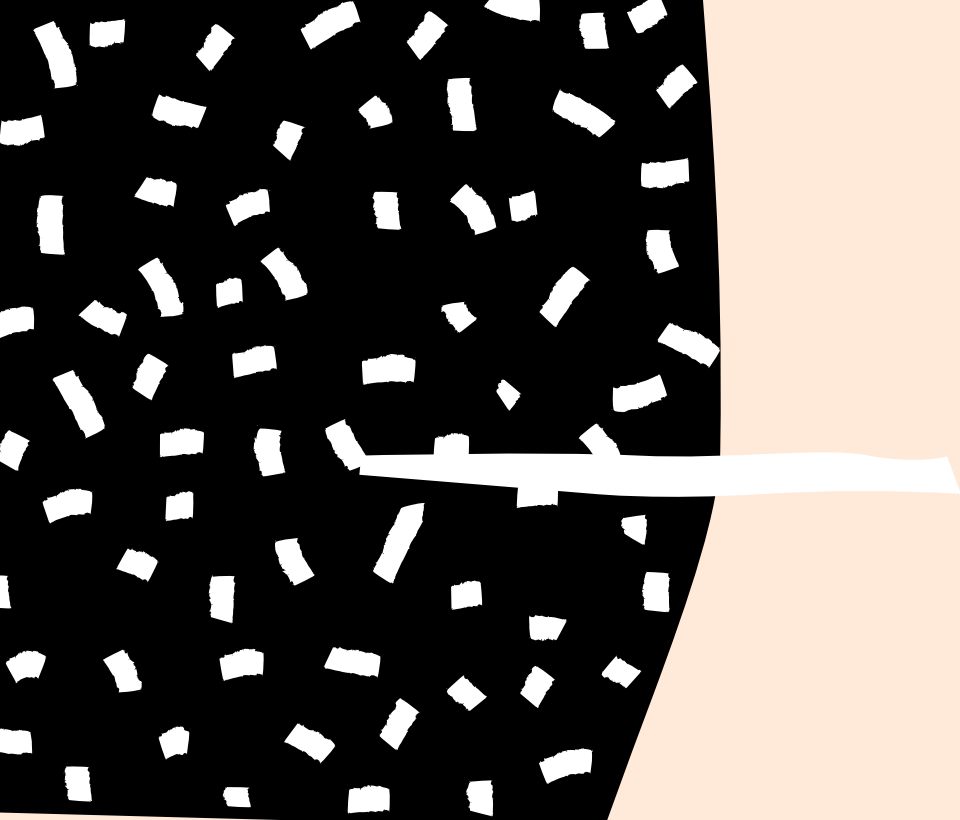
Bad assumptions



Blame game







BLESSING EXERCISE

Take a few moments to use the postcards from your conference box to write a blessing for each of the women in your small group. What's one thing that you appreciate about them, see about how they bear God's image, or want to bless them with. You can write that out or sum it up and it's okay to be brief.