



M.J. Murdock  
CHARITABLE TRUST



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# Thriving in the Midst of Challenges

A Pathway towards Wholeness

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Gaby Viesca

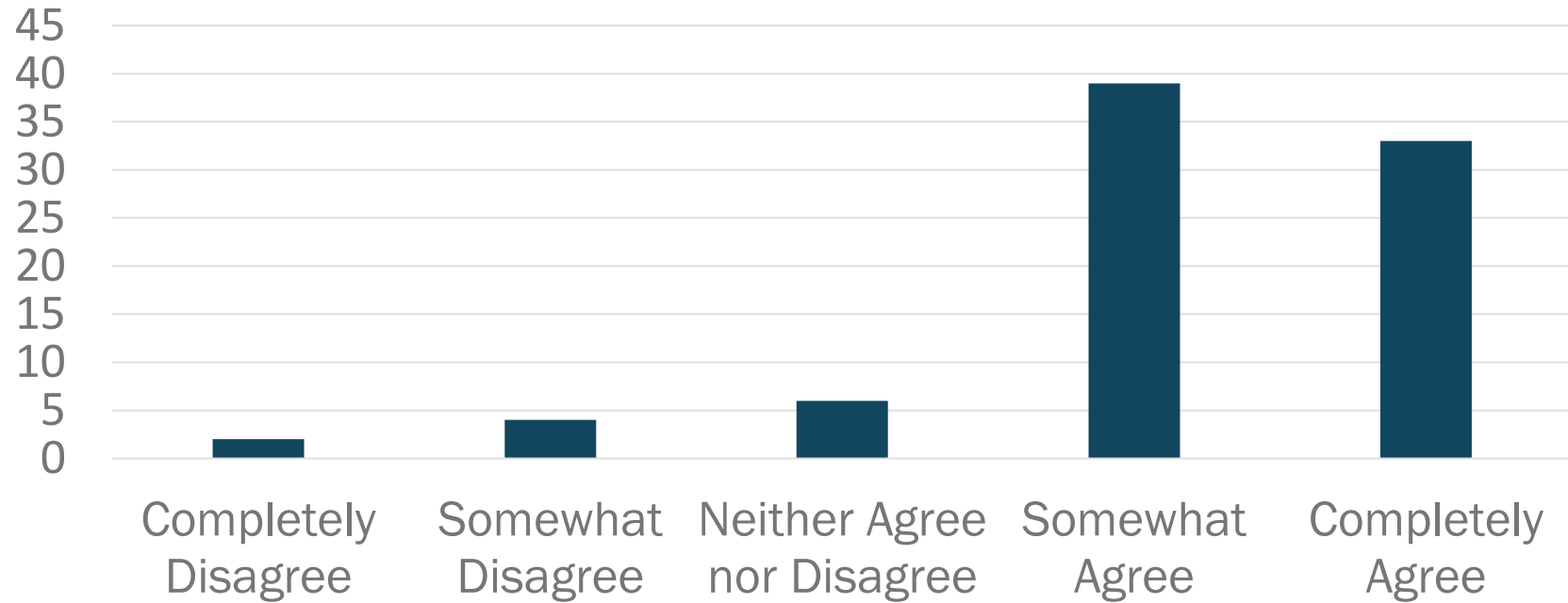
May 1-3, 2024

# Feelings about our leadership

excited cautiously optimistic prepared tired  
uncomfortable emerging  
optimistic unsure  
imbanced change aspirant mindful overwhelmed curious  
gold lost burned-out isolated learning uncertain erratic  
attacked careful growing stretched inexperienced awakening  
committed semi-equipped embodied stable determined legacy  
insufficient exhausted hidden transition challenged unqualified  
promising organized insecure stressed  
rediscovery passionate weighted evolving  
grace under-utilized developing becoming



# Would you say the challenges you face at work impact your personal life?



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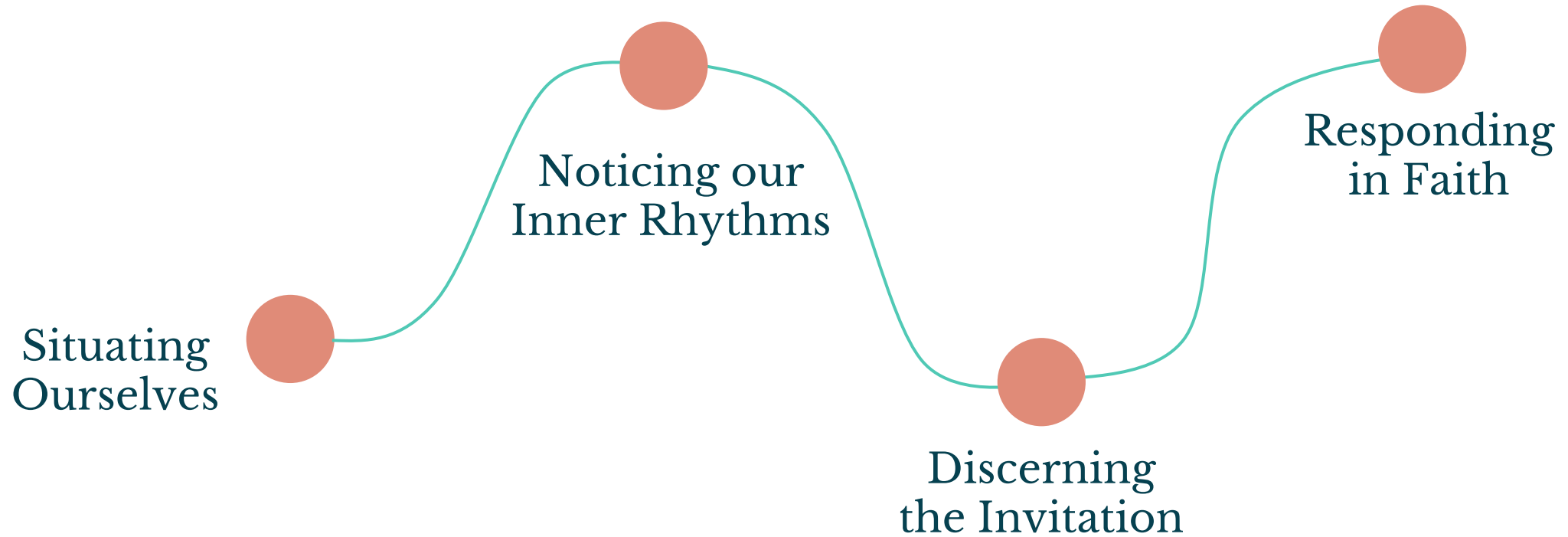
## Questions we're asking ourselves...

How do I trust myself as much as I trust my team? How can I recover my voice? What do I do with all the expectations placed upon me? Am I capable of the job God has given me? I'm thinking about becoming a mother... how will that impact my leadership? How do I remain true to myself while I serve everybody else? Am I being a good steward?

How do I navigate the pressures of my role and be fully present for my family? When should I retire? How do I set boundaries at work as a single woman? What is my full calling and potential?



# Our Roadmap



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What does thriving look like  
for me in my current season of life?



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# Situating Ourselves

Session #1



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“In the beginning...”



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What's your season?



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# Situating Ourselves...

(Personal Exercise)

- Where are you right now? (work, family, faith, etc.)
- What obstacles are you currently facing?
- What season are you in?
- Look around and notice... What would you (and God) call GOOD?



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# Group Communion



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